

# Summer Season Energy Efficiency Tips



- Set your thermostat no lower than 78° F. Below 78°, each successive degree increases your energy costs by three per-cent.
- Use fans instead of, or in addition to, air conditioning. Remember to turn fans off when rooms are unoccupied.
- Close blinds, drapes and shades during the hottest part of the day. This keeps the strong sunlight from heating your home.
- Close windows, drapes and blinds during the hottest times of the day.
- Turn on the exhaust fan in the kitchen when cooking and in the bathroom when showering. This reduces the amount of hot, moist air circulating in the house. Remember to turn the fan off after 20 minutes.
- Did you know that properly using a programmable thermostat in your home is one of the easiest ways you can save energy, and money? A programmable thermostat helps make it easy for you to save by offering pre-programmed settings to regulate your home's temperature in all year round as well as when you are asleep or away.
- Postpone laundry and dishwashing until nighttime to avoid generating extra heat in your home. Also, consider taking advantage of the warmer air and dry your laundry outside.
- Don't forget about your own energy. Wearing lighter clothing can help cool you down without turning on the air conditioner. Also, remember to stay hydrated during extreme temperatures.
- If you have a pool, turn off your filter overnight when the pool is not in use.
- What says summer better than burgers and hot dogs? Instead of using your oven or stove, which can generate heat on an already hot day, fire up the outdoor grill for cooking. You can also use your microwave or other counter-top appliances in place of the stove or oven.

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